

Christy Hodder

CALA/NSFLA certified teacher and musician Christy Hodder, B.Ed, from Nova Scotia, launched her newest CD, "CELTIC ENERGY" at the big CALA (Aqua fitness) Convention last year in Toronto. Singer and violin player since a child, Christy Hodder, while attending a CALA training course with Charlene Kopansky in PEI, came up with the idea with Charlene to make a Canadian made CARDIO CD with a CELTIC flare.

"It can be frustrating to teach to low budget fitness music made by studio musicians who have never been in a pool doing aqua before, step/highland dancing or are avid walkers. I teach fitness, step dancing, my daughters highland dance and I'm a musician... it is a perfect fit!"

Hodder teaches aqua and fitness classes at Acadia University in Wolfville NS and has been in the fitness industry for over 11 years. She performs as the lead singer, fiddler and a dancer of Halifax Celtic group LOCHABER. Her group specializes in International conferences, educational Celtic music workshops and large group Cape Breton Square set dances.

She teaches a violin studio of 40 students in the Annapolis valley and has three children her self. The senior students with her three children have a Celtic / French Acadian group called the "Fiddlestickers".

Christy teaches workshops and summer camps. With a Bachelor of Music Education degree from Acadia University, 10 years orchestral violin playing and 8 years of Celtic fiddling...Christy has a huge resume full of performing and teaching.